



<https://www.medicalnewstoday.com/articles/319774.php>

TUESDAY 22ND MAY 2018

2:30 – 3:30 PM

MUSICIANS' HEALTH

Shoulder Pain

Instrumental musicians often experience symptoms of pain, weakness, fatigue or tension around the shoulder area. There is no mystery to their origin and we will try and explain how these symptoms are developed, maintained with playing and what can be done to relieve them and eventually control or abolish them in the long term.

To register:

info.belsize@physioedmedical.co.uk



New Event Series

FREE

**Musicians'
Health Education**

by

Dr Hara Trouli

Performing Arts
Medicine Clinician

&

Nikki Rawlings

Performance
Physiotherapist

Organized by the

Musicians' Clinic

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